

## STUDY 15

### HOW DO I HANDLE PROBLEMS?

#### III. THE PERSON YOU'RE BECOMING - D. Handling Problems

God made you; He loves you; He gives you security. But, how do you handle your problems?

Do you find the easiest way to handle a problem is to take the "ostrich" route—simple put your head in the sand, thinking problems will all go away if you ignore them long enough?

Unfortunately this method isn't highly successful for any length of time. Your ways of coping with problem situations will either have to get more creative, or you will soon find your ability to cope totally non-existent.

Take a look today at a godly man who handled a problem, by using God's method.

1. Begin by praying in anticipation of what God is going to teach you. Then, read 2 Chronicles 20:1-12
2. What problem did Jehoshaphat and the people of Judah face?
3. How did Jehoshaphat handle the situation?
4. Read Hebrews 12:1-3. How does the author of Hebrews describe the way we are to live?
5. In particular, what is to be our response to what Jesus did?
6. How do the instructions in Hebrews 12:1-3 apply to facing problems?
7. What do you focus on when you are faced with situations you cannot handle?

What should you focus on?

8. What four problems will you must fix your attention of the power and capabilities of the Lord?

a.

b.

c.

d.

9. Read Proverbs 3:5,6. According to these verses, what can you do to handle the problems you just listed?

Pray now for God's strength and that your eyes would be on Him